

self actualization maslows classical pdf

From the bottom of the hierarchy upwards, the needs are: physiological, safety, love and belonging, esteem and self-actualization. Needs lower down in the hierarchy must be satisfied before individuals can attend to needs higher up.

Maslow's Hierarchy of Needs | Simply Psychology

"What a man can be, he must be.": 91 This quotation forms the basis of the perceived need for self-actualization. This level of need refers to what a person's full potential is and the realization of that potential.

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